

Morning

8:00AM-11:00AM DAILY

FRESH START

house granola V 15
greek yogurt.seasonal fruit.
berry compote. .norwich spa honey

LIGHTER SIDE

avocado toast* V 14
wheatberry bread.heirloom tomato
pickled red onion.chopped egg

norwich spa wrap* V 15
egg whites.baby spinach.tomato.
.avocado.wheat tortilla.fruit

kensington sandwich* 15
crispy bacon.soft fried egg.spring greens
tomato.vermont cheddar.brioche bun

bagel & lox* 19
smoked salmon.red onion.capers.
chive cream cheese.chopped egg
everything bagel

V=Vegetarian

GF=Gluten Free

Most items gluten free upon request.
Ask your server for additional details.

EGGS & SKILLETS

nis spring benedict* 18
english muffin.hot capicola.spinach.
hollandaise.spiced bacon crumble.
crispy hash browns

sweet potato & greens skillet* V 18
roasted sweet potato.sauteed kale.
brussel sprouts.spring onions.mushrooms.
sunny side eggs.toast

steak and eggs* GF 24
petite filet mignon.crispy hash browns.
spring greens.poached egg. hollandaise

chefs grain bowl V 17
herbed farro.asparagus.snap peas. baby
spinach.bell peppers.poached egg.
lemon-tahini vinaigrette

shrimp and "grits"* GF 22
double cream polenta.corn pico de gallo.
blistered tomato.chorizo

three egg omelets* 19
hash browns.toast

spring: V
asparagus.tomato.goat cheese. chives
mediterranean: V
kalamata olives.tomato.baby spinach.feta
sausage & pepper:
crumbled hot italian sausage.bell peppers.
burrata. caramelized onion

new englander* V 15
2 eggs any style.crispy hash browns.toast

SWEET MORNINGS

buttermilk pancakes V 15
blueberry or regular
meechook maple syrup.whipped butter

lemon-ricotta pancakes V 16
light lemon ricotta batter.blueberry syrup
whipped butter

creme brulee french toast V 16
brioche.torched caster sugar.vanilla & citrus whipped
mascarpone.macerated berries

belgian waffle V 15
praline butter or macerated berries.
meechook maple syrup

SIDES

assorted cold cereals V 5

seasonal fruit V 6

hash browns V 4

bacon.sausage.turkey sausage 5

smoked salmon* 7

bread V 4
wheat.sourdough.english muffin.GF white.

bagel V 6
plain.everything.with cream cheese or butter

DRINKS

coffee: 5
regular.decaf.latte.cappuccino.
espresso.iced

tea: 5
regular.decaf.herbal.iced

milk: 5
whole.almond.soy

juice: 5
orange.apple.cranberry.tomato.v-8.
ruby red grapefruit.pineapple

FRENCH PRESS 8
organic & fair trade
micro roasted and sourced for us
by Craftsman Cliff Roasters,
Norwich CT

BAR 9AM M-S,10AM SUN

bloody mary: 13
classic.seasonal

mimosa: 13
classic.seasonal

Kensington's
at Norwich Inn

*Consuming raw or undercooked meat, poultry, shellfish, or eggs may increase your risk of foodborne illness

Prices subject to a 21% service charge and applicable CT sales tax

Before placing your order, inform your server of any allergies

Guests on breakfast inclusive package receive: one beverage & one menu item. additional items at additional charge. excludes alcohol