

# Morning

8:00am-11:00am daily

## FRESH START

### house granola

greek yogurt.seasonal fruit  
compote.norwich spa honey

## LIGHTER SIDE

### avocado toast\*

sourdough.red onion.tomato.pepitas

### norwich spa wrap\*

egg whites.spinach.avocado.heirloom  
tomato.asparagus.tortilla.fruit

### kensington sandwich\*

pork belly.egg.tomato.garlic  
aioli.buttermilk biscuit.potato

## EGGS

### classic Benedict\*

pork belly.charred lemon  
hollandaise.buttermilk biscuit.potato

### smoked salmon Benedict\*

smoked salmon.trout roe  
hollandaise.buttermilk biscuit.potato

### dry aged steak Benedict\*

dry aged steak.horseradish  
hollandaise.buttermilk biscuit.potato

### three egg scramble\*

wild mushroom.local  
vegetable.potato.toast

### chefs bowl\*

sweet potato.spinach.asparagus.house  
sausage.fried egg.chive creme

### three egg omelet\*

aged cheddar.chives.potato.toast  
add: pork belly.sausage.dry age steak  
add: mushroom.tomato.spinach.asparagus

## SOMETHING SWEET

### buttermilk pancakes

blueberry or regular. meechook  
maple.whipped butter

### banana foster french toast

spiced rum caramel.banana.cinnamon

## SIDES

### assorted cold cereals

### seasonal fruit

### potato

### protein

pork belly.sausage.bacon  
turkey sausage

### bread:

wheat.sourdough.english  
buttermilk biscuit.GF White

## DRINKS

### coffee:

regular.decaf.latte.cappuccino.espresso.iced

### tea:

regular.decaf.herbal.iced

### milk:

whole.2%.almond.skim.soy

### juice:

orange.apple.cranberry.tomato

## FRENCH PRESS

organic & fair trade  
micro roasted and sourced for us by  
Craftsman Cliff Roasters, Norwich CT

## BAR

### Bloody Mary:

classic.seasonal

### mimosa:

classic.seasonal

\*consuming raw or undercooked meat, poultry, shellfish, or eggs may increase your risk of food borne illness

prices subject to a 21% service charge and applicable CT sales tax

before placing your order, inform your server of any allergies

Guest on breakfast inclusive package receive: beverage & one menu item. additional items at additional charge excludes alcohol

Kensington's  
at Norwich Inn

executive chef Clayton Errett & his amazing team