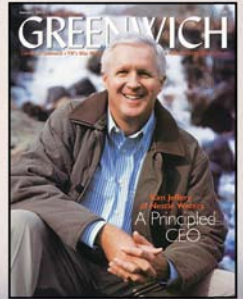


January 2003



Hot Spots

for Body and Soul

In the deep midwinter, some people go the real distance to find the right spa to recharge their batteries

BY LESLIE CHESS FELLER

THE SPA at NORWICH INN
607 West Thames Street
Norwich, CT 06360
860-886-2401
800-ASK-4spa
www.thespaatnorwichinn.com

If you can spare only one day to be massaged and manicured, prettified and pampered, then the Spa at Norwich Inn is your answer. With its sprawling 42-acre estate and over 104 guest rooms (either in the 1929 Georgian Colonial or in one of the villas), the Norwich will make you feel as if you've truly flown away to your own Shangri La. The Norwich's one-day deal: For the price of a single treatment and an \$18 cover fee, you get to use the facilities and see the place in operation. There are also several nifty packages, ranging in price from \$325 to \$3,400, depending on length of stay and treatments. Everything is à la carte, so pick what you want from 18 fitness classes and over 40 beauty and body treatments. Actually, you may find you will want to try them all.

